



Putting Evidence Into Practice Workshop

20-21 September

Brussels

The first European Putting Evidence into Practice (PEP) workshop organized by the European Oncology Nursing Society (EONS) has taken place in Brussels on the 20-21 September as part of the EPAAC work package 7.



Under the leadership of Prof. Sara Faithfull, academic lead and Anita Margulies PEP chair, the two days workshop has started with an overview of symptoms management in Europe, a rationale for using clinical guidelines in Oncology nursing practice, introduced the Putting Evidence into Practice approach developed in the United States by ONS as well as offered an insight to the development of the EuroPEPs by five expert panels in the framework of the EONS/EPAAC programme.

Using the PICO self assessment tool adapted to the use in the EONS/EPAAC programme, the 25 participants were able to practice how to identify the needs of the practice teams for implementing the guidelines and evaluate its success relative to the goals set at the beginning of the process. They also learned about the

practical use of the PEP Guidelines in their daily practice in the management of Dyspnea, Lymphedema, Pain, Radiation Dermatitis, and Peripheral Neuropathy. Good practices were shared by experienced nurses and their managers from across Europe and experiences shared on implementation by Margaret Irwin from ONS.

The PEPs guidelines have been translated to German French and Dutch already and will be broadly distributed to practitioners in Europe in the framework of the EPAAC programme. Further translations will be provided in other languages to facilitate the broader adoption of symptom management guidelines into practice by European Oncology nurses.

The participants of the Brussels workshop will be working on the implementation of the PEP guidelines and will provide valuable feedback for the refinement of the tools to the EPAAC/EONS [project team](#) in the next 3 months.

